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practice

LINKS



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Men's Health Week (MHW) 12th – 18th June 2017

International Men's Health Week (MHW) takes place from Monday 12th until Sunday 18th June, ending on Father's Day. This year's overall key message for Ireland is that **"It's all about HIM" (Healthy Ireland Men)**, which links in with the Healthy Ireland Men's Action Plan, launched at end of 2016. As with other years, the week will have a different theme highlighted each day. The individual daily themes for the week will be announced shortly.

The aims of Men's Health Week are to:

Heighten **awareness** of **preventable** health problems for males of all ages
Support men and boys to **engage** in healthier lifestyle choices/activities
Encourage the **early detection** and treatment of health difficulties in males

MHW presents an opportunity for everyone to engage/reach out (health professionals, service providers, sporting bodies, community groups, employers, policy makers, churches, pharmacies, the media, individuals ...) and work together to improve the health and wellbeing of men and boys.

The following link <http://bit.ly/2qzJeL6> provides the most up to date information including key online resources available (and how to order them) such as the **poster**, **postcards** and the **'Challenges and Choices' Man Manuals**. Please get involved and place your orders for any resources you may require today <http://bit.ly/2qwzfYR> by following the ordering instructions under each of the materials listed. Keep scrolling down the page to see all materials available.

Continuing professional development



The Experience of Migrant Children in Ireland

11am—1pm on Friday 23rd June 2017

Room TBC, Arts Building, Trinity College Dublin

Chair Maeve Foreman

Speakers: **Dr Naomi Masheti:** *Experiences of African Migrant Children In Ireland: A Cultural Perspective'*

Wycliff Masheti: *Migrating to Ireland; a young person's perspective*

Katie Mannion: *Immigration-related obligations and opportunities for children and young people in Ireland*

Registration this event: [Click here](#)

Cost: BASPCAN members: Free; Non-members: €20



[WEBSITE](#)



@IrishBASPCAN

CPD certificates will be available



[JOIN NOW!](#)

"Registration is open for the 15th ISPCAN European Conference on Child Abuse and Neglect, 1-4 October 2017, The Hague, The Netherlands. Early bird rates available until 1st July.

Details at: <https://www.ispcan.org/15th-ispcan-european-regional-conference/>



There has been a strong response to the Call for Abstracts and this conference promises to be an important gathering of child protection practitioners and researchers."

Dublin Simon Community Sure Steps Counselling Service is delighted to announce it will be delivering the following training

Wellness Recovery Action Plan (WRAP) Level 2 Facilitator Training

Presenter: Copeland accredited advanced facilitators

Duration: Five day training

Location: Dublin

Thur Fri Sat 13th -15th July & Mon Tue 17th 18th July 2017

9.30-5.00pm,

Cost: €500

(Participants themselves purchase Level 2 manual from Copeland foundation)

This course is 5 intensive days of workshops that prepares participants to facilitate WRAP® classes and equips them with the skills to facilitate classes in their community and organisation. It is for people who have completed a seminar I WRAP course. The WRAP® Facilitator training provides an experiential learning environment based on mutuality and self-determination. Participants in this course will be expected to participate in interactive learning activities and demonstrate their own experience with WRAP.

This training is appropriate for anyone who would like to lead WRAP® groups, work with others to develop their own WRAP and give presentations on mental health recovery related issues to groups or organisations. Participants are expected to have a solid working knowledge of WRAP and share their experiential knowledge of how WRAP can work.

Before attending the training, it is expected that you have familiarity with the different parts of WRAP through completion of **one** of the following prerequisites (which must be conducted by a WRAP Facilitator):

- 2 or 3 day Seminar I course or workshop
- 8 or 12 week Seminar I group or workshop

For booking form and further information please contact:

derekdempsey@dubsimon.ie

Ph: 01 635 4822

Continuing professional development



"The Irish Association of Social Workers and partners have been successful in securing Ireland as the next venue for the joint global **Social Work, Education and Social Development conference from 4-7 July 2018**. The International Federation of Social Workers, the International Schools of Social Work and the International Council on Social Welfare signed the contract for this conference last week during the 2016 joint global conference held in Seoul, South Korea.

The local organising committee here comprises members of the IASW, the Schools of Social work in UCD, TCD, UCC and NUIG and the European Anti-Poverty Network Dublin office.

The conference theme is: **Environmental and Community Sustainability: Human Solutions in Evolving Societies.**

This exciting, unique and important event will bring together upwards of 2500 social work practitioners, educators and policy workers from across the world. It is our intention to also invite user groups and community groups to participate in the conference programme.

In shaping the structure of the conference programme, the local organising committee will focus on the United Nation's *Sustainable Development Goals 2015-2030*. Ban Ki Moon, Secretary-General of the United Nations, in his address to the 2016 Global Conference in Seoul last week, spoke about the importance of these goals in helping to ensure 'that no one is left behind'. For me, the core of social work is about helping to ensure that those who are vulnerable are supported in their journey so that they are not left behind.

Topics will include poverty and quality of life, social justice, rights and equality, community development, climate change and sustainable environments. We plan to have a programme where all those attending the conference can engage in meaningful dialogue about practice, education and policy relating to these issues and can leave a rich legacy.

Register your name and email to keep updated with details of SWSD 2018 at <http://www.swsd2018.org/>

Ongoing updates will also be provided through social media www.facebook.com/SWSDofficial and <https://twitter.com/SWSDOfficial>"

National Programme for Screening and Brief Interventions (SBI) for Problem Alcohol & Drug Use



The HSE National Social Inclusion Office has launched the second edition of SAOR which provides a framework for the delivery of screening and brief interventions (SBI) for problem alcohol and substance use. SAOR, the Irish word for “free” is used as an acronym to highlight the four principle aspects of the intervention are (i) Support, (ii) Ask and assess, (iii) Offer assistance and (iv) Refer. The first edition of SAOR provided a structured model across the HSE and externally since 2009 to help address the complexity of alcohol and other substance presentations.

Since 2012, the SBI project has coordinated the national roll out of a one-day SAOR SBI training programme for alcohol and substance use in partnership with the National Addiction Training Programme (NATP). To date, approximately 3,500 service providers across all tiers have been trained and a SAOR train the trainer programme has provided over 100 trainers nationally since 2013. The roll-out of the SAOR train the trainer programmes and training is supported by partners from local drug and alcohol services, drug and alcohol task forces, the community and voluntary sector and, in some areas by health promotion and improvement staff, centres of nursing and midwifery education and other statutory health services.

SAOR II builds on the original framework; it builds on the learning and understanding from delivering interventions and training workers in a diverse range of settings including: acute care settings, mental health services, child and family, community based drugs services, homeless agencies, primary care services, third level colleges, criminal justice, youth and sporting organisations. Working and training with a variety of health and social care workers with differing skills and competency levels has enabled us to refine the model to ensure its applicability in a range of not only health and social care but also social and recreational settings. The publication draws from and adds to the significant evidence and policy base that exists for screening and brief intervention.

SAOR II offers a step-by-step guide for practice, to guide workers in using a person-centred approach throughout their conversation, encounter or engagement with a service user. SAOR II supports workers from their first point of contact with a service user to enable them to deliver brief interventions and to facilitate those presenting with more complex needs with entry into treatment programmes as per the NDRF National Protocols and Common Assessment Guidelines (2011).

The publication is now available [here](#) along with a range of publications and resources. If you have any queries on the publication or on SAOR training please contact Nicola Corrigan, National Social Inclusion Office, nicola.corrigan@hse.ie

Cannabis Awareness Workshop

A workshop to enhance knowledge about cannabis, cannabis use and misuse and to explore the skills needed to work with cannabis users.

Date: Thursday July 13th 2017 from 10am to 5pm
Venue: Oranmore Lodge Hotel, Oranmore, Galway
Cost: €95 – (€80 for ACI members) (lunch provided)

The aim of this training is to assist those who work with cannabis users to feel more confident and competent in supporting them to make changes

Training will seek to

- Enhance participants knowledge of cannabis including types of and ways of using
- Enhance participants understanding of why individuals use and misuse cannabis
- Explore the effects associated with using cannabis
- Identify what is dependency
- Examine the impact of cannabis on mental health
- Provide information on the law with respect to cannabis
- Provide information on the prevalence of cannabis use in Ireland
- Explore ways to help those whose cannabis use is causing problems

The workshop will involve a mix of presentation and group work and is intended to be as participative as possible. The training is appropriate for those working in the areas of addiction and therapy who wish to increase their knowledge of this substance and explore how to effectively work with cannabis users.

It is relevant also for those who may opportunistically intervene with individuals who use cannabis such as youth workers, probation officers, those working in supported accommodation.

Certificates for CPD purposes will be provided to participants at the workshop. **It is approved for 6 hours CPD by ACI (Addiction Counsellors of Ireland).**

Ring 086 3322540 or email mcampbell66@hotmail.com for further information on this workshop. Your place will be held and confirmed on receipt of the deposit of €45, which is non refundable.

Return form with payment to Mark Campbell, Killeeneenmore, Craughwell, Co Galway. Please make cheque payable to Mark Campbell. Payment via Paypal is also possible – email or phone and I will send a link to make payment.

Closing date for booking & receipt of payment Thursday 6th July (booking form below). Places limited to 16.

National Programme for Screening and Brief Interventions (SBI) for Problem Alcohol & Drug Use



One Day Course

Aim

This course aims to prepare nurses, midwives, health and social care professionals to implement Screening and Brief Interventions (SBI) for problem substance misuse.

Learning Outcomes

On completion of this course, participants should be able to:

- Critically discuss problem alcohol and drug use as it impacts on their current work or area of practice
- Demonstrate an enhanced knowledge and awareness of contemporary models of screening and brief intervention for problem alcohol and drug use
- Identify problem alcohol and drug users who present to health and social care settings
- Utilise the SAOR model of Screening & Brief Intervention (SBI) in practice based scenarios
- Discuss the application of the SAOR model of screening and brief intervention for problem alcohol and drug use into their practice

Course Content

The key course content which emerges from the course learning outcomes is outlined below:

- Evidence for the effectiveness of SBI.
- Alcohol and drug related presentations to health and social care settings.
- Contemporary models of SBI for problem alcohol and drug use.
- Overview of the SAOR model of intervention for problem alcohol and drug use.
- Establishing a supportive working relationship with the service users.
- Asking about alcohol and drug use and screening for alcohol and drug related problems.
- Delivering a structured brief intervention based upon the SAOR model.
- Developing appropriate care pathways for service users and arranging appropriate follow up.
- Accessing useful links and reference materials for further reading and research.

Target Groups

The primary target audience is nurses, midwives and allied health and social care professionals who are in a position to offer Screening and Brief Interventions to service users presenting with problem alcohol and drug use.

Training will take place in the last quarter of 2017

If you are interested in this course please request an application form: marwin.jagoe@hse.ie



The poster features a background image of the NUI Galway building with flags. Three large, semi-transparent circles in teal, olive green, and maroon are overlaid on the image, containing text. The top left corner has the Institute for Lifecourse and Society logo. The bottom left corner has logos for the United Nations Educational, Scientific and Cultural Organization (UNESCO), the UNESCO Chair in Children, Youth and Civic Engagement, Ireland, and the European Social Work Research Association.

Institute for Lifecourse and Society

Practice Research in Child Welfare Studies

International Summer School
Monday 21st - Thursday 24th
August 2017

Institute for Lifecourse and
Society NUI Galway

Hosted by Professor Caroline McGregor,
UNESCO Child and Research Centre, NUI
Galway, Professor Mirja Satka, Heikki Waris
Institute, Helsinki supported by the Special
Interest Group of the European Social Work
Research Association on Practice Research

Click [HERE](http://www.conference.ie/Conferences/index.asp?Conference=514) to Register or Visit:
<http://www.conference.ie/Conferences/index.asp?Conference=514>

United Nations Educational, Scientific and Cultural Organization
UNESCO Chair in Children, Youth and Civic Engagement, Ireland
CHILD AND FAMILY RESEARCH CENTRE

European Social Work Research Association

<http://www.conference.ie/Conferences/index.asp?Conference=514>

Continuing professional development



Postgraduate Diploma in Advanced Fieldwork Practice and Supervision (Social Work)

Applications are open for the following until June 26th 2017

This course is designed to equip social work practitioners engaged in practice teaching and supervision to develop the knowledge, values and skills necessary to competently execute the demands of the role. It is offered to individuals who wish to study part-time.

Course participants will be required to incorporate their working experience into the learning process by agreeing to take a social work student on placement during their attendance on the course. The reflective design, delivery and assessment of the course will ensure that participants can simultaneously develop their competencies academically and experientially.

The course duration is one academic year from September to the end of May.

Invitation to Practice Teachers in Social Work

Have you thought about practice teaching/having a student on placement? Have you been a practice teacher before and not done it for a while? If any of these questions apply to you and you want to discuss at further, please contact the Fieldwork Co-ordinator at the School of Applied Social Studies, UCC. Ruth Murray would be very interested in discussing what is entailed with you. The main times placements are required by UCC are for 14 weeks from January –April and September-December. Very occasionally they are required over the summer period also.

One of the innovations Ruth and some colleagues have been involved in is visiting social work teams and running training sessions with social workers there interested in practice teaching. Ruth would be happy to factor this in for a team if social workers express an interest in this. She is also willing to visit social work teams, at their request. One of the times that have proven most suitable for social workers is at the end of their own team meetings, and with notice, Ruth is willing to travel and meet with people at these times.

Ruth can be contacted at (021) 4903954 or by email at r.murray@ucc.ie

Past participants have referred to the benefits of the course in terms of their ongoing professional development and many have gone on to further study whilst others have been promoted within their agencies to team leader, senior practitioner and other senior posts.

For more information: <https://www.ucc.ie/en/appsoc/courses/pg/postgraduatediploma/>

Continuing professional development

Training for Social Workers/Potential Practice Teachers 7th and 8th September 2017 in UCC

Ruth Murray, Fieldwork Coordinator in the School of Applied Social Studies, is organising the annual two days Fieldwork Workshop Training in UCC on Thursday and Friday 7th and 8th September. It will include presentations by a number of staff within the School of Applied Social Studies, outside practitioners and former students. It is aimed at social workers who may be considering supervising students in the future or social workers who have not taken students for a while and wish to have their supervision skills refreshed. The two days are free. It is hoped the topics being covered will be:

- Promoting Reflective Engagement by Student Social Workers –The Practice Teacher’s Role
- Understanding Competency and Diversity in Practice Teaching when Responding to Varying Student Needs and the Transition from Classroom Learning to Placement
- Keeping CORU Proficiencies to the fore while supervising students
- Background to MSW and BSW Social Work Programmes and Expectations of Critical Learning Incidents as written by students and feedback on them by Practice Teachers
- Writing Reports on Students, mid-way and final placement reports
- Social Media Use and Implications for Practice Placements and Portfolios

There is an expectation that those attending will be available to take a student in January or September 2018.

In previous years, this has been an accredited IASW event. We intend to apply for accreditation for this year’s event also.

If interested phone Ruth at 021 4903954 for a brochure and/or application form or email her at r.murray@ucc.ie

If Ruth is unavailable, please phone Jackie Connolly (mornings only, Monday to Thursday) at 021 4903546 or email Jackie at: j.connolly@ucc.ie

Places will be limited to 30 so early booking is advised as this training has been booked out early in previous years. <http://appsoc.ucc.ie> Twitter: @UCCAppSoc



Continuing professional development



The International Stillbirth Alliance Annual Conference 22-24th September 2017

Venue

University College Cork, Ireland

The Conference will take place over two days, Saturday and Sunday, with a mixture of plenary and concurrent sessions from invited speakers and selected presentations from conference abstracts

Pre conference workshops will be held on Friday 22nd of September followed by the ISA Official Opening Ceremony & Welcome Reception



Confirmed Speakers:

Professor Fran Boyle

The University of Queensland, Australia

Dr Molly Byrne

National University of Ireland, Galway, Ireland

Professor Alan Cameron

University of Glasgow, Scotland

Dr Myra Cullinane

Dublin District Coroner, Ireland

Professor Jane Dahlstrom

The Australian National University

Dr Mary Devins

Our lady's Children's Hospital Crumlin, Ireland

Professor Soo Downe

University of Central Lancashire, UK

Professor Elizabeth Draper

University of Leicester, United Kingdom

Professor Richard Greene

National Perinatal Epidemiology Centre,
Ireland

Dr Alexander Heazell

The University of Manchester, UK

Professor Mary Higgins

University College Dublin, Ireland

Professor Stephen Kennedy

University of Oxford, UK

Professor Louise Kenny

INFANT, Ireland

Professor Joan Lalor

Trinity College Dublin, Ireland

Professor Stephen Liben

McGill University, Canada

Professor Fergal Malone

Royal College of Surgeons in Ireland

Dr Tracy Mills

The University of Manchester, UK

Mr Bryan Nolan

Irish Hospice Foundation

Professor Michael Turner

University College Dublin, Ireland

Dr Jane Warland

University of South Australia

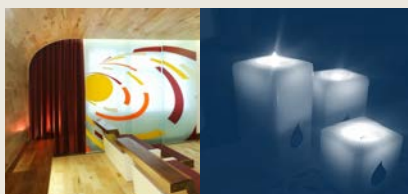
Ms Aleena Wojcieszek

The University of Queensland, Australia

KEY DATES

Abstract submission
January 19—April 21st 2017

Early bird registration deadline
2nd June 2017



Contact

Website: www.isacork2017.com

Email: isa2017@abbey.ie

Twitter: [@isacork2017](https://twitter.com/isacork2017)



<http://www.isacork2017.com/>

Continuing professional development

6th National Child Protection and Welfare Social Work Conference

University College Cork, 27th October 2017



Child protection and welfare in Ireland is heading into a series of significant changes in the next 12-36 months: the introduction of mandatory reporting, the implementation of the NCCIS software system, the adoption of a new national approach to practice in child protection and welfare in Tusla, the mainstreaming of prevention and family support (PPFS), more separated children fleeing from conflict, a new edition of Children First, a proposed review of the Child Care Act 1991, and it is anticipated that there will be new legislation in the areas of adoption, domestic abuse and online safety. Are all of these changes bringing child protection and welfare in the right direction and why? Will there be opportunities for more relationship and social action-based social work as a result of these changes? What good practice innovations are taking place? What ideas and opinions do you have on these changes and the future direction of child protection and welfare?

Registration open 8th: <http://swconf.ucc.ie/reg/>

UNESCO Child and Family Research Centre 8th Biennial International Conference

8th & 9th June 2017. Institute for Life-course and Society

Rediscovering Empathy; Values, Relationships and Practice in a Changing World

Across the globe, the perceived decline in empathy, care and social solidarity is a cause for concern. Empathy is the ability and/or inclination to understand and experience another's state or condition and, where appropriate, to respond through supportive actions. Research has shown that empathy in individuals is essential to healthy social and emotional functioning and contributes to the enrichment of civic society. Conversely, where levels of empathy are compromised, studies have found an increased propensity to engage in anti-social behaviour, such as bullying, aggression and offending behaviour. For practitioners, empathy in direct relationship-based working is increasingly recognised as a cornerstone of good practice in work with children, young people and their families, while for society, there is an urgent need for empathy informed policy and action to address structural inequalities and disparities. The biennial UCFRC conference draws on national and international expertise to explore the concepts of empathy and relationship based working as they relate to policy and practice with children, youth and families. <http://www.conference.ie/Conferences/index.asp?Conference=>





5th Biennial International Symposium

Decisions, Assessment, Risk and Evidence in Social Work

Monday 02 & Tuesday 03 July 2018

Templeton Hotel, Templepatrick, Northern Ireland
(convenient to Belfast International Airport)

Plenary Speakers:

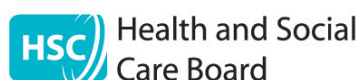
Professor Haluk Soydan, Research Professor of Social Work, University of Southern California School of Social Work, USA, who has undertaken extensive work on the implementation of best evidence at national level as well as by individual professionals.

Professor Rami Benbenishty, Louis and Gabi Weisfeld School of Social Work, Bar Ilan University, Israel, who is recognized internationally as a social work researcher specializing in child protection decision-making.

Professor Brian Littlechild, Research Lead, Department of Nursing & Social Work, University of Hertfordshire who has undertaken extensive research in mental health, resistant clients, youth offending & child protection social work and development of evidence-based guidelines.

Further information on DARE 2018 including a call for abstracts will be added to our website over the coming months, accessible through: ulster.ac.uk/dare If you would like your name to be added to mailing list please email: **Mrs Sharon Lucas** at: dare@ulster.ac.uk

This fifth DARE symposium builds on the fourth symposium in July 2016 which brought together over 120 delegates from 12 countries including senior practitioners, managers, policy makers, researchers, regulators and social workers in education and training.



Supported by the Institute for Research in
Social Science at Ulster University

New publications and policy reports

Reducing Youth Crime in Ireland: An Evaluation of Le Chéile Mentoring

Volunteer mentoring programme sees 28% drop in reoffending amongst teenagers

'Reducing Youth Crime in Ireland' report shows a four-times plus return on investment into Le Chéile programme

Young people who have fallen into crime reduce reoffending by 28% on average over the period of mentoring, a major report into Le Chéile's State and EU funded programme has revealed.

The 'Reducing Youth Crime in Ireland' report is based on a detailed evaluation of the Le Chéile volunteer mentoring programme and its activities over the period 2013-2015. The report has also shown also that for every euro spent on the programme, €4.35 is returned in social and economic benefits. This includes benefits such as avoiding detention, better health and engagement in education.

According to the report, of the 28% reduction in reoffending during the period of being mentored, 49% can be directly attributed to mentoring. It found that mentoring has significant positive impacts for young people over a range of areas, with the biggest gains made in self-confidence, hopefulness, communications, engagement in activities and, crucially, offending behaviour.

The mentoring programme is a one-to-one relationship-based support service in which volunteers from local communities provide a positive role model to a young person by acting as an advisor and friendly support. In 2015 Le Chéile mentored 152 young people aged 12 to 21 as well as 49 parent mentees, with volunteers giving 3,678 hours of their personal time to the young people and their parents.

One of the key recommendations in the report was that, given the high social return from mentoring, Le Chéile should continue to be resourced and expanded to regions in Ireland where there is unmet or latent demand.

For young person mentees, key benefits also include:

- Reductions in offending behaviour (average 28%, with attribution of nearly half to mentoring);
- Reductions in alcohol (12%) and drug use (16%);
- Improved self-confidence (25%), hopefulness (25%), and happiness (23%);
- Greater involvement in activities outside the home (28%);
- Greater involvement or reengagement in education, work and training (25%);
- Improved communication skills (24%);
- Moving away from negative peers (9% improvement in relationship with peers), and
- Improved relationships with parents (11%), other family (8%), & persons in authority (23%).

Le Chéile is funded by the Irish Youth Justice Service through the Probation Service, as part of Ireland's European Structural and Investment Funds Programme 2014-2020, which is co-funded by the Irish Government and the European Union. For more information, please contact: Mary Davis, Le Chéile, 086-0488349 or

About Le Chéile: Le Chéile is a community based volunteer mentoring and family support service, which works with young people involved with or at risk of offending. Le Chéile's services and programmes include Youth Mentoring, Parent Mentoring, Parenting Programmes, Strengthening Families programme, Family Support Initiatives and Restorative Justice services.

Le Chéile's mentoring projects train and supports local volunteers as mentors to young people or parents in their community in 8 projects around Ireland, and a Restorative Justice Project in Limerick provides a range of restorative justice programmes to young people who have been involved in crime. www.lecheile.ie [Reducing Youth Crime In Ireland-Executive Summary.pdf](#)

Practice signposts: data sources to support practice



Campbell Collaboration

The Campbell Collaboration (C2) helps people make well-informed decisions by preparing, maintaining and disseminating systematic reviews in education, crime and justice, and social welfare. Access to the database in the Republic of Ireland is free as the government of Ireland has purchased a license. <http://www.campbellcollaboration.org/>

Cochrane Collaboration

The Cochrane Collaboration, established in 1993, is an international network of more than 28,000 dedicated people from over 100 countries. We work together to help health care providers, policy makers, patients, their advocates and carers, make well-informed decisions about health care, based on the best available research evidence, by preparing, updating and promoting the accessibility of [Cochrane Reviews](#). Our work is internationally recognised as the benchmark for high quality information about the [effectiveness](#) of health care. <http://www.cochrane.org/>

Practice signposts are permanent pages that will appear in every edition of *Practice Links*. The aim of these pages is to provide signposts to high quality, research-informed databases. Some of the databases at a quick glance may seem too medical/health orientated, but also contain great resources to support social work and social care practice also.

National Institute for Health and Clinical Excellence (NICE) – NHS UK

The National Institute for Health and Clinical Excellence (NICE) provides guidance, sets quality standards and manages a national database to improve people's health and prevent and treat ill health. <http://www.nice.org.uk/> . Videocasts: <http://www.nice.org.uk/newsroom/videocasts/videocasts.jsp>. Podcasts: <http://www.nice.org.uk/newsroom/podcasts/index.jsp>

Health Intelligence Unit (HSE)

Health Intelligence is part of the Quality and Clinical Care Directorate within the Health Service Executive and is responsible for capturing and utilising knowledge to support decision-making to improve the health of the population. Website has links to HSE research, databases, facts (census etc.), publications and using evidence effectively. http://www.hse.ie/eng/about/Who/Population_Health/Health_Intelligence/

Evidence in Health and Social Care (NHS)

NHS Evidence is a service that enables access to authoritative clinical and non-clinical evidence and best practice through a web-based portal. It helps people from across the NHS, public health and social care sectors to make better decisions as a result. NHS Evidence is managed by the National Institute for Health and Clinical Excellence (NICE). <http://www.evidence.nhs.uk/>

HRB National Drugs Library

The HRB National Drugs Library is an information resource that supports those working to develop the knowledge base around drug, alcohol and tobacco use in Ireland. The library is funded by the Department of Health, and based within the Health Research Board. We have a range of services and resources designed to provide the evidence needed for practice and CPD. In particular, see the social worker page on our online practitioner resource.

<http://www.drugsandalcohol.ie/>

Drugs.ie

Drugs.ie is an independent website managed by [The Ana Liffey Drug Project](#). Drugs.ie's mission is to help individuals, families and communities prevent and/or address problems arising from drug and alcohol use.

<http://www.drugs.ie/>

Practice signposts: data sources to support practice



Social Care Institute for Excellence (SCIE)

The Social Care Institute for Excellence (SCIE) improves the lives of people who use care services by sharing knowledge about what works. We are an independent charity working with adults, families and children's social care and social work services across the UK. We also work closely with related services such as health care and housing. We gather and analyse knowledge about what works and translate that knowledge into practical resources, learning materials and services. Our work helps to improve the knowledge and skills of those working in care services. This includes managers, frontline staff, commissioners and trainers. People and their families who use these services also use our resources. All of our work is developed in collaboration with experts - including people who use care services and their carers. <http://www.scie.org.uk/>

Decision Map.ie

DecisionMap.ie, the new online decision-support tool developed by Ordnance Survey Ireland and Twelve Horses. DecisionMap, currently in beta test release, combines digital mapping from Ordnance Survey Ireland, with visualisation and web delivery tools developed by Twelve Horses, and statistical data provided by the Central Statistics Office and others. It aims to provide decision makers in the public and private sectors instant access to easily-consumable, spatially-referenced data about Ireland. <http://decisionmap.ie/>

Growing Up in Ireland

Growing Up in Ireland is a national study of children. It is the most significant of its kind ever to take place in this country and will help us to improve our understanding of all aspects of children and their development.

The study will take place over seven years and follow the progress of two groups of children; 8500 nine-year-olds and 11,000 nine-month-olds. During this time we will carry out two rounds of research with each group of children.

The main aim of the study is to paint a full picture of children in Ireland and how they are developing in the current social, economic and cultural environment. This information will be used to assist in policy formation and in the provision of services which will ensure all children will have the best possible start in life.

<http://www.growingup.ie/>

Irish Qualitative Data Archive

The Irish Qualitative Data Archive (IQDA) is a central access point for qualitative social science data and provides online access to all new qualitative data generated within the [Irish Social Science Platform](#), and to selected existing data. <http://www.iqda.ie/content/welcome-iqda>

North South Child Protection Hub

This hub available for use by child protection professionals (policy makers, practitioners, researchers and educators) in Northern Ireland and the Republic of Ireland.

The Hub brings together research, policy and practice guidance, inspection reports, serious case reviews, court judgements, news articles and other material relevant to child protection published in Northern Ireland and the Republic of Ireland together with material from Great Britain and other countries. Staff in the Health and Social Care Board and Trusts in Northern Ireland and in the Health Service Executive in the Republic of Ireland, will have access to the Hub but it will also be an important resource for all organisations concerned with child protection. <http://www.nscph.com/>

RIAN - Irish Open Access Research Archive(free)

RIAN is the outcome of a sectoral higher education project supported by the Irish Government's 'Strategic Innovation Fund'. Project planning was carried out by the seven Irish university libraries, [DCU](#), [NUIG](#), [NUIM](#), [TCD](#), [UCC](#), [UCD](#), [UL](#) and was supported by the [Irish Universities Association \(IUA\)](#). The project aim is to harvest to one portal the contents of the Institutional Repositories of the seven university libraries, in order to make Irish research material more freely accessible, and to increase the research profiles of individual researchers and their institutions. It is intended to extend the harvest to other Irish research institutions as RIAN develops.

<http://rian.ie/en>

Practice signposts: data sources to support practice



Resource on Marijuana

Marijuana LIT is a source of fact based information to assist professionals in providing accurate information to those affected by the use of cannabis. There are lots of confusing messages regarding the use of cannabis, the harm it causes and whether it should be legalised or not. This makes it difficult sometimes to determine facts from urban myth or popular opinion. The Addiction Technology Transfer Centre Network Co-ordinating Office in the United States has a user friendly package of resources to assist those who provide services to substance users. It has information and infographics on how cannabis affects the body, using cannabis while pregnant and the potential complications for unborn children and newborns and how cannabis impacts on young people and families. Dr. Thomas E. Freese explains in-depth what is meant by “Medical Marijuana Use”. Who uses it and why, and the difference between medical marijuana and Tetrahydrocannabinol (THC) medications. He also discusses the legal issues around the debate on the legal use of marijuana. <http://attcnetwork.org/marijuana/index.aspx#infographic>

The DCYA Children's Participation Hub Database

The DCYA Children's Participation Hub Database is now online. Please click on this link: <http://www.dcy.gov.ie/Participation-Database/default.asp>. The database includes a wide range of national and international practice and research publications and articles on children and young people's participation in decision-making. This database is the first stage of development of the Children and Young People's Participation Hub, which is one of the key actions for DCYA under the *National Strategy on Children and Young People's Participation in Decision-making* (2015-2020).

The Hub will become the national centre for excellence on children and young people's participation in decision-making and will be fully functioning by the end of 2016. The Hub will support implementation of the strategy through the provision of information, training and advice for Government departments and agencies and the non-statutory sector. The database was developed on behalf of the DCYA by the Child Law Clinic, University College Cork.

Mindfulness Based Relapse Prevention Audio Recordings

Please click on the links to these MP3s for your personal use or to share with clients.

[Body Scan](#) (female voice)

[Body Scan](#) (male voice)

[SOBER space](#) (female voice)

[SOBER space](#) (male voice)

[Urge Surfing](#) (female voice)

[Brief Sitting Meditation](#) (female voice)

[Brief Sitting Meditation](#) (male voice)

[Sitting - sound meditation](#) (male voice)

[Sitting - breath meditation](#) (male voice)

[Longer Sitting Meditation](#) (female voice)

[Longer Sitting Meditation](#) (male voice)

[Kindness](#) (male voice)

[Kindness](#) (version 2, male voice)

[Mindful Movement](#) (male voice)

[Mindful Stretching](#) (male voice)

[Mindful Walking](#) (male voice)

[Mountain Meditation](#) (female voice)

[Mountain Meditation](#) (male voice)

HRB National Drugs Library

HRB National drugs library resource for social workers and social care workers



The HRB National Drugs Library is an information resource that supports those working to develop the knowledge base around drug, alcohol and tobacco use in Ireland. The library is funded by the Department of Health, and based within the Health Research Board. We have a range of services and resources designed to provide the evidence needed for practice and CPD. In particular, see the social worker page on our online practitioner resource.

<http://www.drugsandalcohol.ie/>

You can view Irish and international research and policy material on legal and illegal drugs, alcohol and tobacco. Because these issues affect so many aspects of daily life, we also have publications on related subjects such as poverty, suicide, prisons, homelessness, social care, and health.

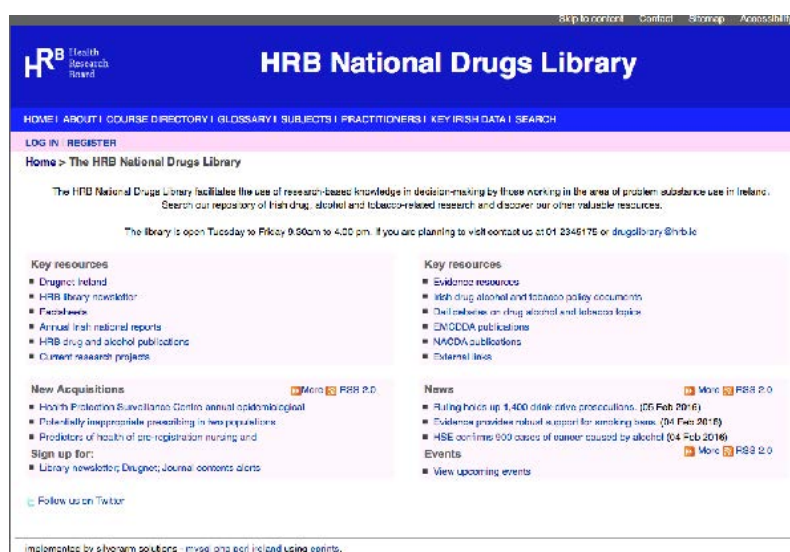
Every year we add hundreds of new articles and reports to our library collection. In order to help relieve information overload we have a number of summarised aids, such as Drugnet Ireland, NDC newsletter, and factsheets.

We recognise that those working in health and social care need access to research in a way that suits your busy work life. In order to facilitate this, the NDC librarians, with the wonderful help of advisors working in the social work and social care work areas, have developed a 'practitioner' resource. The homepage <http://www.drugsandalcohol.ie/practitioners> has links to a number of subject areas. The 'key Irish data' link and those on the bottom row are relevant to most workers. Clicking on a link will show you recent Irish and international articles and reports on that subject.

We have also developed pages for specific professions including social workers and social care workers. Each of these pages list key documents and have links to subjects of particular interest to that profession.

The resource includes a page called 'doing research' which has links to useful online tools providing help on finding and using information for research. We are interested in collecting and making available local Irish drug or alcohol research done by those working in the area. If you are doing any such research, even a small piece in their organisation, you can submit it to us.

We would like to express a special word of thanks to all of those who helped with the design of the resource. We welcome ongoing feedback with recommendations for key documents, subject areas and anything else workers would like to see in your resource.



CALL FOR RESEARCH PROJECTS

Are you a member of a community group,
voluntary organisation, resident's association,
NGO?

Do you need a small piece of research done,
but don't have enough money or resources to

What is this about?

Community-Academic Research Links (CARL) invites non-profit voluntary or community organisations to suggest potential research topics that are important to them and could be *collaboratively* worked on with students as part of their course work. CARL is an initiative in UCC and follows a 30-year European tradition with similar initiatives on-going in some of the highest ranked Universities in Europe. CARL has produced impressive and important pieces of research that have generated interest outside the university walls and the project reports have even had an impact at government policy level.

We are seeking expressions of interest from groups who have ideas for a research project and would like to collaborate on their research idea with a UCC student.

How does it work?

As part of their academic course, students undertake a minor dissertation (between 10,000-30,000 words). In past years, students designed their own study and then contacted groups for permission to collect data. These projects serve to develop the research skills of the students; however, the research may not always answer the needs of community and voluntary groups.

In the CARL model, the students undertake their studies, learn about research methods, data collection, ethics, literature reviews as usual; however, the major difference is that the research projects undertaken are explicitly *studies of issues identified by the community*. These are studies/research which the community identifies as important and need to be undertaken, but they cannot pay for it and/or do not have the expertise themselves to undertake the study at this time.

How long does this take?

The typical time-scale for projects would be a) proposals submitted by groups, b) review of proposals by the CARL advisory group (comprised of UCC staff, students and representatives from the community and voluntary sector) to see which proposals are sufficiently developed and feasible for a student to undertake, and c) students begin their research in May or October.

Projects must be small enough to be completed within the academic year, roughly 9-12 months. Large research projects which require longer than a year to complete may be broken up into one or more smaller one-year projects for multiple students.

Where can I get more information and read sample reports?

Please visit our website to watch brief videos about CARL, to find out what it is like to participate <http://www.ucc.ie/en/scishop/>, or to read past research project reports <http://www.ucc.ie/en/scishop/rr/>

Does it matter what the research topic is about?

Topics that are connected to any discipline at UCC are welcome (science, maths, engineering, social sciences, arts, humanities, business, law, etc.)

What if we have already completed a research project with CARL?

Community groups that are currently involved, or previously completed a project, are welcome to apply again.

We look forward to hearing from you!



Before you make contact ...

1. Is your proposed project small enough to be undertaken as part of a student project?
2. Does your group come under the definition of a not-for-profit community and voluntary group?
3. Do you have a clear idea for a research project that, if undertaken, will have a wider benefit to society?
4. Read some completed research reports on our website.
5. Groups that have funding should consider commissioning research, rather than applying to CARL.
6. Contact Anna to discuss your idea further and to receive a copy of the application form.
7. We are accepting proposals all year round.

CONTACT US

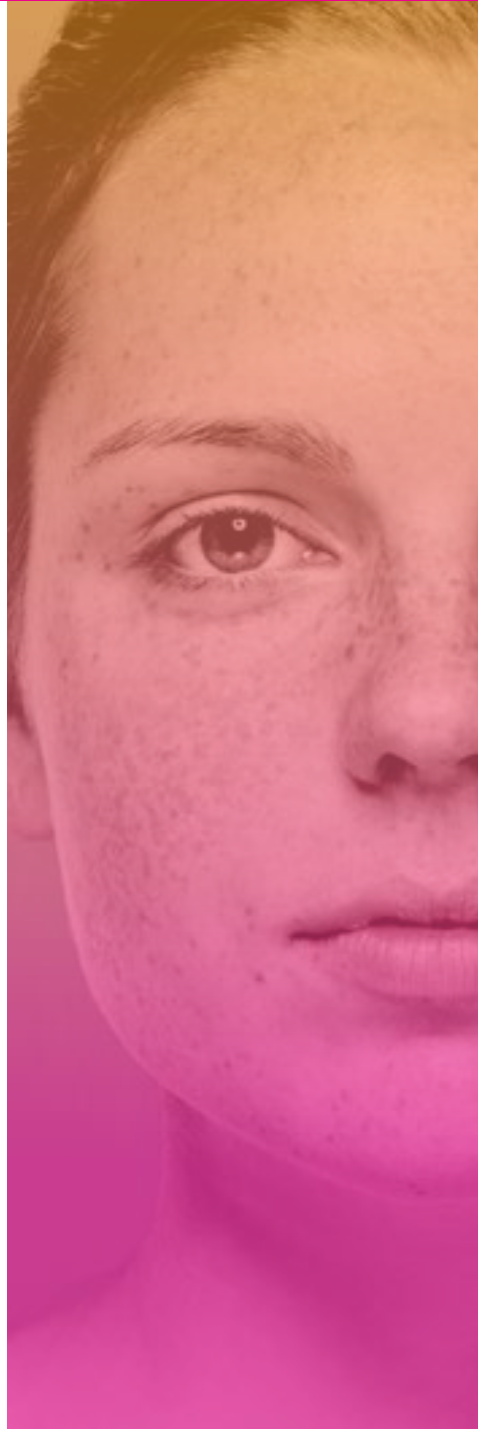
Anna Kingston a.kingston@ucc.ie /



whatever you drink

find out how
alcohol
affects your
physical and
mental health
at

ask
about
alcohol.ie



Videos and podcasts

How early years trauma affects the brain: the child who mistrusts good care

Dan Hughes, Clinical Psychologist, from U.S.A., is the originator of Dyadic Developmental Psychotherapy (DDP) and also attachment-focused family therapy. He has integrated recent research in the areas of neurobiology of trauma, early child development and attachment theory, to produce a therapeutic approach that assists professionals and parents/caregivers to understand and effectively support the healing of vulnerable children and young people. He recorded this summary of how the brain reacts to trauma and how an understanding of this process is helpful to foster and adoptive parents as well as professionals, such as residential care workers and teachers.

[Dan Hughes – The child who mistrusts good care VIDEO](#)

ReMoved

ReMoved is a powerful short film by Nathanael and Christina Matanick, which follows the emotional journey of Zoe, a 9-year-old girl who is taken from her abusive birth home and placed in the tumultuous foster care system. Separated from her brother, Zoe is moved from foster home to foster home, experiencing additional trauma within the system. She finally lands in a good foster home but experiences flashbacks and behavioural issues stemming from triggers in her environment. The perspective of the child is propelled by Zoe's voice-over, articulating the thoughts and emotions of her experience. **ReMoved** won Best Film and Audience Choice at the 168 Film Festival and Best Film at the Enfoque Film Festival. Part 2, '**Remember My Story**' continues Zoe's story to its conclusion. Both films were made in the hope they would raise awareness and be used in foster parent training.

[ReMoved – Part 1](#)

[Remember My Story – ReMoved Part 2](#)

Get comfortable with worry: a Cork primary school's mental health project

After being approached by parents concerned that their children were "full of worry" at home, teacher Mark Russell, designed his own programme promoting positive mental health for his sixth class students in Blarney Street all-boys school in Cork. Click the link below to read about it and watch the short video they made.

[Get comfortable with worry: Irish Times article & short video](#)

Videos and podcasts

Integrated Pathways of Dementia Care in Action

As part of the HSE & Genio Dementia Programme, three hospital projects (St. James's Hospital, Mercy University Hospital and Connolly Hospital) are developing integrated care pathways for people living with dementia to support planned and appropriate access to acute services; to improve their experience while in hospital; and to support their discharge back to the community. Over 120 delegates partook in the HSE & Genio Dementia Briefing 2016 '**Integrated Pathways of Dementia Care in Action - Early learning from three acute hospitals in Ireland**' on Wednesday 14th December in Dublin.

Below you will find links to podcasts of each of the speakers along with associated slides. **Please note: you may need to copy and paste link into your browser.**

<https://www.genio.ie/multimedia/podcasts/hse-genio-dementia-briefing-2016>

Sheryl Sandberg + Adam Grant – Resilience After Unimaginable Loss

On Being is a Peabody Award-winning public radio conversation and podcast, a Webby Award-winning website and online exploration. **On Being** opens up the animating questions at the centre of human life: What does it mean to be human, and how do we want to live? Sheryl Sandberg, Chief Operating Officer of Facebook and the psychologist, Adam Grant, discuss how his friendship, together with his research on resilience, helped Sheryl survive the shocking death of her husband while on vacation. They share what they've learned about planting deep resilience in ourselves and our children, and reclaiming joy.

Please note: you may need to copy and paste below link into your browser.

<https://onbeing.org/programs/sheryl-sandberg-and-adam-grant-resilience-after-unimaginable-loss>

See links to the **On Being** app under 'Apps' heading

Doodle

"If you're trying to find a convenient time to meet several people try a simple scheduling app like Doodle." — The Wall Street Journal

Simplified group scheduling

Propose potential times, invite a group of people, and get notified once the best time for everyone is found. Doodle is ideal for planning business meetings, reunions, parties etc. and is very simple to use. You don't have to open a Doodle account to use it, but if you do, you can sync your Google, Outlook, or iCal calendar to it, making it easier to respond quickly to scheduling requests.

[Doodle: Easy Scheduling for iPhone or iPad](#)

[Doodle: Easy Scheduling for Android](#)

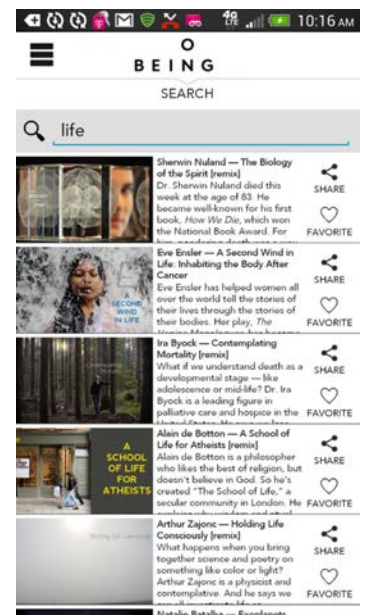


On Being with Krista Tippett

On Being is an ongoing conversation exploring the animating questions at the heart of human experience: What does it mean to be human? How do we want to live? How to love? How to be of service to each other and the world? From emerging science to spiritual technologies, from current affairs to lived theology, On Being invites you to lean into life's mysteries and uncertainties with greater respect, ease, energy, and hope. A Peabody Award-winning show heard on more than 300 public radio stations, On Being is independent.

[On Being with Krista Tippett for iPhone, iPad and iPod Touch](#)

[On Being with Krista Tippett for Android](#)



Social Work Helper

Social Work Helper is a mission driven progressive news website dedicated to providing information, resources and entertainment related to social work, social justice and social good. The app has social media integration with Facebook and Twitter.

[Social Work Helper for iPhone, iPad and iPod Touch](#)

[Social Work Helper for Android](#)



Social media and podcasts

All Irish accounts this issue:

[@Joe0712](#) – **Joe Mooney LLB MA**, is a social worker in depths of a PhD. Researching Adult Disclosures of Childhood Sexual Abuse. UNESCO Child & Family Research Centre.

irishsocialwork.wordpress.com – Joe Mooney set this blog up as an 'open range' for commentary, opinion and critique on all issues social work and related areas.

[@CARL_UCC](#) – Community-Academic Research Links (CARL) at University College Cork links community & voluntary organisations with students to collaborate on research.

[@Blue_Box_CLC](#) – Non Profit offering cutting-edge Creative Arts Psychotherapies to children living with adverse childhood experiences (ACEs) in Ireland.

[@JigsawYMH](#) – We want to change the way Ireland thinks about, supports and responds to young people's mental health.

[@Ukilkelly](#) – Ursula Kilkelly, Professor, Dean [@UCCLaw](#). Director [@childlawucc](#). Head [@CBLUCC](#). Mayo woman tweeting about law, child/human rights, justice, education. Sport & music fan.

[@charlie_extern](#) – **Charlie Mack**, CEO, Extern Group: all-Ireland charity for vulnerable youth & adults who are homeless, have addictions, mental health issues, offending past.

About Practice Links

Practice Links is a free e-publication for practitioners working in Irish social services, voluntary and non-governmental sectors. *Practice Links* was created to help practitioners in these areas to keep up-to-date with new publications, conferences and continuing professional development opportunities. *Practice Links* is published every other month in Adobe Acrobat (.pdf file). Distribution is by email, Twitter and on the *Practice Links* and CORA websites <http://www.ucc.ie/en/appsoc/aboutus/activities/pl/>.

Submissions

Submission for publication should be received two weeks prior to the next publication date. Please forward submissions by email to k.burns@ucc.ie.

Who are we?

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To subscribe for free to the *Practice Links* email distribution list, whereby you will automatically receive each edition, click on this link <http://lists.ucc.ie/cgi-bin/wa?SUBED1=PL-L&A=1> and press the Join or Leave PL-L button. Follow the same process to unsubscribe from the list.

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